

DR. JENNIFER B. RHODES

Services & Pricing Guide

TRANSPERSONAL
Therapy Services



www.drjenniferbrhodes.com



Hello there!

In 2009, my life fell apart. I thought I had met the man of my dreams and landed a coveted post-doctoral fellowship that would launch my career. But things were not what they looked like on paper.

My body was in constant pain. I suffered from anxiety and depression. And despite seeking psychotherapy, it wasn't helping.

Over the course of the next two years, I lost that relationship, my body suffered even more and my career was put on hold for what would be a significant amount of time. I was struggling to find the right support.

After fighting the men in my family for 6 years over a lawsuit, I finally had the means to pay for my healing. I didn't know that I was burnt out or what I needed.

I understand where you are now. The feeling of being desperate and yet knowing that something life changing is about to happen...

Dr. Jennie

Licensed Psychologist, Yogi, and Author of Toxic Insecurity; The Path of Relational Spirituality and Our Search for Authentic Love

- As seen in
- Forbes**
- Women's Health**
- THRIVE  GLOBAL
- INSIDER**
- FOX 5**
NEW YORK
- LADYLUX**
- abc 7 NEWS**
ON YOUR SIDE
- HUFF POST**
- Bustle**
- CO/ETEUR
-  COMMONWEALTH CLUB
- Elite* **DAILY**

LICENSED PSYCHOLOGIST, INTUITIVE, YOGA INSTRUCTOR + TANGO LOVER, AUTHOR, AND RELATIONSHIP EXPERT

DR. JENNIE

WWW.DRJENNIFERBRHODES.COM



ABOUT

DR. JENNIE COMBINES TRANSPERSONAL PSYCHOLOGY WITH YOGA AND TANGO TO HEAL BROKEN HEARTS AND HELP US EXPERIENCE JOY FOLLOWING A TRAUMATIC EXPERIENCE.

The Science and Education:

Dr. Jennie received her doctoral degree in clinical psychology from the Ferkauf Graduate School of Psychology at Yeshiva University in 2008. She completed her APA accredited internship and her first post-doctoral fellowship in Infant and Preschool Mental Health at Tulane University Medical School. During this time she also received her Basic and Advanced Divorce Mediation certification at Loyola Law School. In 2010, Dr. Rhodes completed post-doctoral training in forensic psychology at the Institute for Violence, Abuse and Trauma.

The Spiritual Journey:

As part of her spiritual journey, Dr. Jennie has traveled to 40+ countries (lived abroad in 3 of them), studied tango in Buenos Aires and healed from multiple failed relationships, extensive childhood trauma, her parents mental illness/substance abuse and learned that true healing requires creativity and joy outside a therapist's office. She's also learned quite a bit about self-love and balancing her own combination of feminine/masculine energies through mindful exploration of her relationships.

+6.1 K

VIEWS ON BLOG
POST ABOUT
NARCISSISTS

+100

MEDIA MENTIONS
+ TELEVISION
APPEARANCES

**+50 DOGS AND
CATS**

HUGGED DURING
THE COVID-19
PANDEMIC

WE TURN TO THE FEMININE ENERGY WHEN WE NEED TO HEAL.

WE INTEGRATE THE WISDOM FROM THE UNIVERSE WITH THE TOOLS WE HAVE IN REAL LIFE TO BECOME EMBODIED IN RELATIONAL SPIRITUALITY.

WE RETURN TO A STATE OF JOY EVEN IF IT DOESN'T FEEL LIKE RAINBOWS OR UNICORNS.



DR. JENNIE'S PROCESS

WE TAKE 30 DAYS TO BEGIN TO PLAN YOUR ADVENTURE TO HEALING YOUR RELATIONAL TRAUMA. THE REST IS GUIDED BY YOUR SOUL.

Your First 30 days of Therapy

Session 1:

The first hour will be an open discussion of what is going on, your views on science, spirituality and overall wellness. You will have the opportunity to have your questions answered and we will discuss if it is a good fit for your needs.

Session 2:

We will look at either your astrolocation chart, Gene Keys/Human Design chart OR your interest in data collected by science (VIA survey) to begin to assess what is needed to heal your mind, body and soul from relational trauma.

Session 3:

We will discuss your spiritual or science based healing journey from a developmental perspective so you begin to understand how to use the vast array of healing modalities afforded to you these days and make decisions about what you would like to explore.

Session 4:

This is the goal setting session which will be done from the mind (cognitive), the heart (affective/emotional) and the gut (intuition). A scientific overview will be provided about why goals need to target all 3 centers to manifest your desires.

Use of Insurance Benefits



When I was looking for help starting 20 years ago, finding someone who took insurance was impossible. I also didn't know how to use my benefits.

I have made the choice to provide traditional therapy services to those clients who may not be ready for intensive work. However, using health insurance restricts the work that I am able to do with you. As such, our work in this modality is simply a supportive relationship.

While deep transformation can happen within the context of this relationship, most of us are being called to expand beyond this traditional modality. For those who are ready for intense work, my coaching services will be a better fit.

But if you are just starting your journey and don't know what to do, the start of experiencing a supportive relationship sets the foundation for your future growth.

"'Psychotherapy' is a private, confidential conversation that has nothing to do with illness, medicine, or healing."

Thomas Szasz

For those of you who just want to start therapy, your request via the ALMA portal is enough. Dr. J and her team will send you the paperwork to get you started.



CURRENT OFFERINGS

THE SACRED SEXUALITY IMMERSION

YOUR 90 DAY INITIATION INTO CLAIMING YOUR POWER, MEGA MONEY AND MIRACLES IN LIFE, RELATIONSHIPS AND BUSINESS.

Embody everything you're meant to be, do, and have while feeling the sacred safety of divine support in every area of your life, relationships, career, and finances.

QUEEN OF LOVE INITIATION

THE 90 DAY DEEPLY SUPPORTED JOURNEY TO BREAK DOWN THE WALLS AROUND YOUR HEART SO YOU CAN MANIFEST THE DIVINE SOULMATE YOU'VE BEEN WAITING FOR.

Release feeling like a rejected Cinderella in your relationships, and put on your glass slippers and tiara to become a Queen who commands love and respect in all her relationships.

THE PASSION AND PURPOSE PLAN

A 90 DAY IMMERSION TO LIBERATE YOURSELF FROM THE SHACKLES OF THE MUNDANE MAINSTREAM AND AWAKEN YOUR SOUL'S SACRED CALLING SO YOU CAN FINALLY DO WHAT LIGHTS YOU AND THE WORLD UP.

Shake off the burden of others' expectations and shift into a confident person who knows exactly what their soul wants to do and isn't afraid to tell people so. Step up. Rise up. Build the life of your dreams.

Dr. Jennie is also available for private workshops and online retreats focused on yoga + psychology + healing. She is also available to speak about many topics related to spirituality and relationships. Please email her directly to discuss possible topics and fees.

CONNECT

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WHEN YOU’VE EXPERIENCED
RELATIONAL TRAUMA, CHOOSING TO
BE HAPPY IS THE SCARIEST AND MOST
COURAGEOUS THING YOU’LL EVER DO.



Dr. Jennifer B. Rhodes is an intuitive, licensed psychologist, relationship expert, yoga/meditation teacher and author. She is a frequent media contributor and has been featured as an expert on Fox5 New York, WPIX-11, The Huffington Post, Women's Health Magazine and other media outlets. She specializes in working with persons who are on the path

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TOXIC INSECURITY

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The Path of Relational Spirituality and Our
Search for Authentic Love



BUY YOUR COPY NOW

Dr. Jennie's book is available on her website or via Amazon.

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AUTHENTIC LOVE

